



2020



# Assisted Living Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<sup>1</sup> 9am Protestant Service- MR 10:15am Catholic Mass- MR	<sup>2</sup> 10am Norwood Bowling- BC 1:30pm Movie & Popcorn- Th  <b>Happy Birthday J. Rollins</b>	<sup>3</sup> 9:30am March Trivia- Sh3 11:30am Leisure Chat- Sh2 1:30pm Comedy Hour- Sh2 1:45pm Room Visits <b>6:30pm Saloon Night- DI</b>	<sup>4</sup> 10am Let's Get Moving- Sh2 11:30am Leisure Chat- Sh3 1pm Bingo- CC	<sup>5</sup> 9:30am Travel Club- Sh2 9:45am Room Visits 11:30am March Trivia- Sh2 1:30pm RT Prize Bingo- CC	<sup>6</sup> <b>11am RT Bus Trip: Ikea &amp; Lunch</b> 1:30pm Solve These Riddles Th 4pm Remember the Alamo Social- DI	<sup>7</sup> 1pm Bingo- CC 1:30pm Movie & Snack- Sh3
<sup>8</sup> 9am Protestant Service- MR 10:15am Catholic Mass- MR	<sup>9</sup> 9am Coffee Chat -Sh2 9:30am Woodwork Craft– Sh2 1:30pm Open Activity	<sup>10</sup> 9:30am All Things Irish- Sh3 11:30am Musical Meal-Sh3 <b>1:30pm Manicures- Sh2</b> <b>6pm RT Big Bucks Bingo- CC</b>	<sup>11</sup> 10am Travel Club- Sh3 11:30am 20 Questions- Sh2 1pm Bingo- CC	<sup>12</sup> 8:30am Nursing Skills Fair- CC 11am Words that begin with “M”- CCL 1:30pm Trivia – Sh2  Amanda – Off  <b>Happy Birthday P. O'Brien</b>	<sup>13</sup> 8:30am Nursing Skills Fair- CC 1:30pm Famous Things – Sh3  Amanda - Off	<sup>14</sup> 1pm Bingo- CC 4pm Luck of the Irish Social-DI  Amanda - Off
<sup>15</sup> 9am Protestant Service- MR 10:15am Catholic Mass- MR	<sup>16</sup> 9am Celtic Music – Sh3 9:30am Irish Trivia – Sh3 <b>1:30pm Ice Cream Social- CC</b>	<sup>17</sup> <b>1:30pm St. Patrick's Day Social- CC</b> 4:30pm Birthday Dinner <b>6pm RT Bowling- BC</b>	<sup>18</sup> <b>9am RAC Meeting- CC</b> 10am Travel Club- Sh2 11:30am Musical Meal- Sh2 1pm Bingo- CC	<sup>19</sup> 9:30am Hydration Cart <b>10:30am RT Bus Trip: PG Plaza Mall</b> 11am Name that Logo- CCL 2:30pm Walking Club- CT	<sup>20</sup> 9:30am Hello Spring Trivia- Sh2 11:30am 20 Questions- Sh3 1:30pm Name That Tune- Th 1:30pm Let's Get Moving- Sh3  	<sup>21</sup> 9am Morning Stretch- Sh2 11:30am Spring Trivia- Sh2 1:30pm Movie Matinee- Sh3 4pm Wyatt Earp Birthday Social- DI
<sup>22</sup> 9am Protestant Service- MR 10:15am Catholic Mass- MR	<sup>23</sup> 9am Morning Stretch -Sh3 9:30am Scattergories -Sh3 1:30pm Movie & Popcorn- Th <b>2pm Celebrating Women in the Military- HoH</b>	<sup>24</sup> 9:30am Travel Club- Sh3 11:30am Musical Meal- Sh3 <b>1:30pm Manicures- Sh2</b>	<sup>25</sup> <b>10:30am RT Bus Trip: Bayou Bakery</b> 1pm Bingo- GR	<sup>26</sup> <b>9am Town Hall- CC</b> 10am Let's Get Moving- Sh3 11:30am 20 Questions- Sh2 1:30pm RT Bingo- CC	<sup>27</sup> 9:30am Comedy Hour- Sh3 9:45am Room Visits 11:30am Musical Meal- Sh2 1:30pm Billiards & Beer- Sh4 1:30pm Random Trivia- Sh2	<sup>28</sup> 9am Morning Stretch- Sh2 1pm Bingo- CC 1:30pm Movie & Snacks- Sh3 4pm Houdini's Birthday Social- DI
<sup>29</sup> 9am Protestant Service- MR 10:15am Catholic Mass- MR	<sup>30</sup> 9am Coffee Chat -Sh2 9:30am Card Games -Sh2 1:30pm Open Activity	<sup>31</sup> 9:30am Calendar Distribution 11:30am Musical Meal- Sh2 1:30pm Lets Get Moving- Sh3 <b>6pm RT Happy Hour- CC</b>		<b>Did You Know.....</b>  <b>In the Southern Hemisphere, March is the same as September in the Northern Hemisphere.</b>	~ Movies are shown in the Scott Theater every Thursday – Sunday at 6:00pm  ~ Interdisciplinary Team Meeting is held every Wednesday at 1:30pm	Amanda Jensema, CTRS, Recreation Therapist 202-541-7721 Annemarie Wilson, MS, CTRS, Recreation Therapy Supervisor 202-541-7626 Marine Robbins, Recreation Therapy Assistant 202-541-7639

